

INSTRUCTIONS FOR USE: CUSTOM-MADE ORTHOSIS

INTENDED USE

Pivot Point devices are designed to provide external support to optimize the alignment of the lower and upper extremities, enabling improved mobility for daily activities. These devices are suitable for patients with various medical conditions, including but not limited to:

- Neurological or neuromuscular disorders
- Developmental delays
- Cerebral Palsy
- Spina Bifida
- Down Syndrome
- Muscular Dystrophy
- Post-Polio Syndrome
- Head and spinal cord injuries
- Stroke

THINGS TO WATCH FOR

Initial Wear Period: During the first 2-3 weeks, wear the orthoses intermittently to allow for gradual adaptation. Full-time use can follow once the patient is accustomed to the brace.

Discomfort or Redness: If discomfort or irritation develops after wearing the brace comfortably for a while, it may indicate the need for an adjustment or that the patient has outgrown the device. Mild redness, especially under the ankle strap, is common but should fade within 20 minutes after removal. If redness or irritation persists, discontinue use and consult your healthcare provider.

Growth in Children: Children may outgrow the device; in which case the fit should be reassessed for adjustments or replacement.

Fit Issues: If any discomfort or unusual symptoms arise, it may indicate a fitting issue. Prompt evaluation by a healthcare provider is recommended.

CARE

- Regular Inspections: Routinely inspect the device for signs of wear, cracks, or rough edges.
- Cleaning: Clean the orthosis using a soft sponge or brush with mild soap and warm water. Dry
 with a towel, then allow the device to air dry thoroughly before use. Avoid drying the device with
 heat sources such as dryers or radiators.
- Storage: Store the Plastic devices in a cool, dry place. Avoid exposing the device to extreme temperatures, as this may cause the materials to become brittle and prone to damage.

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- Socks and Shoes: Always wear AFOs and KAFOs over a medium-thickness cotton-synthetic blend sock and with appropriate shoes. Failing to wear shoes over the orthosis during normal use may void the warranty.
- Strap Tightness: Ensure that all straps are securely fastened for maximum support and stability.

FINDING SHOES

- Shoe Sizing: Opt for shoes that are wider in the toe area and generally one or two sizes larger than usual to accommodate the orthosis.
- Flexible Materials: Choose shoes made from flexible materials that can more easily expand to fit the brace.
- Removing the Insole: If necessary, remove the shoe's padded insole to create additional space for the device.
- Fitting the AFO into Shoes: Be prepared to firmly press the AFO into the shoe for a proper fit. The goal is to find the shortest shoe that can still accommodate the brace. For further shoe options, visit www.pivotpointmfg.com, where we provide links to shoe manufacturers specifically designed for use with AFOs.

(90 DAY) WARRANTY

Pivot Point devices come with a 90-day warranty that begins 14 days after shipment. This warranty covers the following:

- Fit: Adjustments to the fit or repairs within the warranty period.
- Materials and Workmanship: Replacement or repair of defective parts or construction.
- The warranty does not cover damage from misuse, excessive wear, or failure to use shoes with the device during normal activities (except for therapy sessions). Additionally, damage from extreme heat, cold, or impact will void the warranty.

ADDITIONAL NOTES

- Fitting Adjustments: We recommend scheduling a fitting appointment within the first two weeks of receiving your orthosis to ensure the best fit and functionality.
- Consult a Practitioner: If any issues arise with the device, consult your healthcare provider to assess whether adjustments or further action are needed.
- For more information, or support, visit www.pivotpointmfg.com or contact us at:
- Phone: 916-775-5712
- Web: <u>www.pivotpointmfg.com</u>

This device is intended for prescription use only and should be used under the guidance of a licensed healthcare provider.

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